Parts of speech change all the time. Here's just one example. "Sitting" is a verb, and... a noun (at times). A lot of verbs that end in -ing are like that. Writing, talking, reading are just a few more examples.

No word has the same part of speech all the time.

Only context can tell you which part of speech a word is.

The parts of speech we will review in this class are nouns and verbs. Everything else will be considered grammar. It is only after we have mastered nouns and verbs that we will move onto understanding more of grammar.